

Wake Forest All-Stars Tryouts 2023-2024 Season

Register online for tryouts & tumble clinics at www.youngsgym.com. You can find the handbook online at www.youngsgym.com. Athletes will tryout based on their age as of **12/31/2023**. If you have any questions about our program, please feel free to call 919-554-0606 or email Nikita@youngsgym.com.

Attendance at all tryout and stunt/tumble group dates is REQUIRED.
If you have a conflict, please email Nikita@youngsgym.com.

Tryout Age Groups by Birth Year

Mini - 2017-2014

Youth - 2013-2011

Junior - 2010-2008

Senior - 2007 - 6/1/2004

May/June 2023

Tuesday	Thursday	Friday	Saturday	Sunday
May 9 Open Tumble 5:00-6:15 6:15-7:30 7:30-9:00	May 11 Tryout 4:30-5:45 (Mini) 5:30-7:00 (Youth) 6:45-8:15 (Junior) 8:00-9:15 (Senior)	May 12 Tryout 4:30-5:45 (Mini) 5:30-7:00 (Youth) 6:45-8:15 (Junior) 8:00-9:15 (Senior)		May 14 Emailed Stunt/Tumble Callback Groups
May 16 Stunt Call Back Group 1 4:30-6:00 Group 2 5:15-6:45 Group 3 6:00-7:30 Group 4 6:45-8:15 Group 5 7:30-9:00	May 18 Stunt Call Back Group 1 4:30-6:00 Group 2 5:15-6:45 Group 3 6:00-7:30 Group 4 6:45-8:15 Group 5 7:30-9:00		May 20 Stunt Call Back Group 1 4:30-6:00 Group 2 5:15-6:45 Group 3 6:00-7:30 Group 4 6:45-8:15 Group 5 7:30-9:00	May 21 Stunt Call Back Group 1 4:30-6:00 Group 2 5:15-6:45 Group 3 6:00-7:30 Group 4 6:45-8:15 Group 5 7:30-9:00
May 23 Mandatory Parent Meetings 6:00PM 7:30PM	May 25 Team Reveal 6:00pm			
May 30 1st Day of Practice	June 1 2nd Day of Practice			